



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE:** Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a **summary**. For more information about your coverage, or to get a copy of the complete terms of coverage, visit [www.askallegiance.com](http://www.askallegiance.com) or call 1-800-877-1122. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the [Glossary](#) at [www.healthcare.gov/sbc-glossary/](http://www.healthcare.gov/sbc-glossary/) and [www.cciio.cms.gov](http://www.cciio.cms.gov) or call 1-800-877-1122.

Important Questions	Answers	Why This Matters:
<b>What is the overall <a href="#">deductible</a>?</b>	\$750 individual/\$2,250 family preferred provider (PPO) and non-preferred provider (Non-PPO).	Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this plan begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> (embedded) until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
<b>Are there services covered before you meet your <a href="#">deductible</a>?</b>	Yes. Preventive care is not subject to <a href="#">deductible</a> .	This <a href="#">plan</a> covers some items and services even if you haven't met the <a href="#">deductible</a> amount, but a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without cost-sharing and before you meet your <a href="#">deductible</a> . See a list of covered preventive services at <a href="http://www.healthcare.gov/coverage/preventive-care-benefits">http://www.healthcare.gov/coverage/preventive-care-benefits</a> .
<b>Are there other <a href="#">deductibles</a> for specific services?</b>	Yes. \$50 individual/family for <a href="#">prescription drug coverage</a> . There are no other specific deductibles.	You must pay all of the costs for these services up to the specific <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay for these services.
<b>What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a>?</b>	Medical: \$3,170 individual/\$6,350 family preferred provider and non-preferred provider Pharmacy: \$3,400 individual/\$6,800 family.	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> (embedded) until the overall family <a href="#">out-of-pocket limits</a> has been met.
<b>What is not included in the <a href="#">out-of-pocket limit</a>?</b>	Non-PPO charges, <a href="#">Premiums</a> , <a href="#">balance-billing</a> charges (unless <a href="#">balanced billing</a> is prohibited), and health care this <a href="#">plan</a> doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .
<b>Will you pay less if you use a <a href="#">network provider</a>?</b>	Yes. See <a href="http://www.askallegiance.com">www.askallegiance.com</a> or call 1-800-877-1122 for a list of <a href="#">preferred providers</a> (PPO).	This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the <a href="#">plan's network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's charge</a> and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.
<b>Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a>?</b>	No	You can see the <a href="#">specialist</a> you choose without a referral.



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Non-Preferred Provider (You will pay the most)	Limitations & Exceptions
If you visit a health care <a href="#">provider's</a> office or clinic	Primary care visit to treat an injury or illness	30% coinsurance after deductible	50% coinsurance after deductible	None
	<a href="#">Specialist</a> visit	30% coinsurance after deductible	50% coinsurance after deductible	None
	<a href="#">Preventive care/screening/immunization</a>	No charge deductible waived		You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	<a href="#">Diagnostic test</a> (x-ray, blood work)	30% coinsurance after deductible	50% coinsurance after deductible	None
	Imaging (CT/PET scans, MRIs)	30% coinsurance after deductible	50% coinsurance after deductible	None
If you need drugs to treat your illness or condition More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.navitus.com">www.navitus.com</a> or 1-855-673-6504.	Tier 1 generic drugs	Retail and Mail order 10% copayment (\$5 min) 1-34 day supply; 10% copayment (\$10 min) 35-90 day supply		Charges payable through the Plan's Pharmacy Benefit Manager program. Deductible and coinsurance waived for maintenance therapy drugs or for preventive care drugs as outlined in the Affordable Care Act (PPACA). Coverage is limited to 90 day supply for retail and mail order. Certain prescriptions require prior authorization before the drug can be dispensed.
	Tier 2 preferred brand drugs	Retail and Mail order 20% copayment (\$20 min) 1-34 day supply; 20% copayment (\$40 min) 35-90 day supply		
	Tier 3 non-preferred brand drugs	Retail and Mail order 50% copayment (\$35 min) 1-34 day supply; 50% copayment (\$70 min) 35-90 day supply		
	<a href="#">Specialty drugs</a>	10% copayment, (\$5 min) Tier 1 drugs 20% copayment, (\$20 min) Tier 2 drugs 50% copayment, (\$35 min) Tier 3 drugs		First fill may be obtained at retail (requires override call to the PBM customer care dept.). All subsequent fills must be obtained from a specialty pharmacy. Coverage limited to 30 day supply.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% coinsurance after deductible	50% coinsurance after deductible	Pre-treatment review recommended for certain surgeries.
	Physician/surgeon fees	30% coinsurance after deductible	50% coinsurance after deductible	None
If you need immediate medical attention	<a href="#">Emergency room care</a>	30% coinsurance after network deductible		None
	<a href="#">Emergency medical transportation</a>	30% coinsurance after network deductible		None
	<a href="#">Urgent care</a>	30% coinsurance after deductible	50% coinsurance after deductible	\$20 copayment, deductible waived, for Missoula Walk-in Medical Clinic ("CostCare" and Community Medical Center (CMC)). Copayment applies to all charges provided by provider including labs, x-rays or testing ordered by the CostCare or CMC provider.

For more information about limitations and exceptions, see the plan or policy document at [www.askalliance.com](http://www.askalliance.com) or call 1-800-877-1122.



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	Non-Preferred Provider (You will pay the most)	Limitations & Exceptions
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	30% coinsurance after deductible	50% coinsurance after deductible	Pre-certification recommended for all inpatient admissions.
	Physician/surgeon fees	30% coinsurance after deductible	50% coinsurance after deductible	None
<b>If you need mental health, behavioral health, or substance abuse services</b>	Office visits	\$25 copayment deductible waived	\$25 copayment deductible waived	None
	Outpatient services	\$25 copayment deductible waived	\$25 copayment deductible waived	None
	Inpatient services	30% coinsurance after deductible	50% coinsurance after deductible	Pre-certification recommended for all inpatient admissions.
<b>If you are pregnant</b>	Office visits	30% coinsurance after deductible	50% coinsurance after deductible	Pre-certification recommended for all inpatient admissions exceeding 48 hours vaginal delivery or 96 hours C-Section. Cost sharing does not apply for preventive services. Depending on the type of services, deductible and coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).
	Childbirth/delivery professional services	30% coinsurance after deductible	50% coinsurance after deductible	
	Childbirth/delivery facility services	30% coinsurance after deductible	50% coinsurance after deductible	
<b>If you need help recovering or have other special health needs</b>	<a href="#">Home health care</a>	30% coinsurance after deductible	50% coinsurance after deductible	Pre-treatment review recommended.
	<a href="#">Rehabilitation services</a>	30% coinsurance after deductible	50% coinsurance after deductible	Pre-treatment review recommended.
	<a href="#">Habilitation services</a>	30% coinsurance after deductible	50% coinsurance after deductible	None
	<a href="#">Skilled nursing care</a>	30% coinsurance after deductible	50% coinsurance after deductible	Pre-certification recommended for all inpatient admissions.
	<a href="#">Durable medical equipment</a>	30% coinsurance after deductible	50% coinsurance after deductible	Pre-treatment review recommended for charges exceeding \$5,000.
	<a href="#">Hospice services</a>	30% coinsurance after deductible	50% coinsurance after deductible	Pre-certification recommended for all inpatient admissions.
<b>If your child needs dental or eye care</b>	Children's eye exam	No charge deductible waived	No charge deductible waived	Coverage limited to \$100 maximum benefit per benefit period. This benefit can be waived, though waiver does not change the required contribution.
	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	Dental care is not covered under the medical plan. Dental care is covered under an excepted benefit.

## Excluded Services & Other Covered Services:

### Services Your [Plan](#) Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other [excluded services](#).)

- Cosmetic surgery
- Infertility treatment
- Routine foot care
- Long-term care

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- Acupuncture
- Non-emergency care when traveling outside of the U.S.
- Private-duty nursing
- Bariatric surgery
- Routine eye care (Adult) (limited to routine vision exam)
- Weight loss programs – limited to bariatric surgery benefit
- Chiropractic care
- Hearing aids

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform), Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at: 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov), or contact 1-800-877-1122 or [www.askallegiance.com](http://www.askallegiance.com). Additionally, a consumer assistance program can help you file your appeal. Consumer assistance programs available at [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform), or [www.cciio.cms.gov/programs/consumer/capgrants/index.html](http://www.cciio.cms.gov/programs/consumer/capgrants/index.html).

### Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

—————To see examples of how this plan might cover costs for a sample medical situation, see the next section.—————

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For more information about limitations and exceptions, see the plan or policy document at [www.askallegiance.com](http://www.askallegiance.com) or call 1-800-877-1122.

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$750
■ <a href="#">Specialist</a> coinsurance	30%
■ Hospital (facility) <a href="#">coinsurance</a>	30%
■ Other <a href="#">coinsurance</a>	30%

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
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#### In this example, Peg would pay:

Cost Sharing	
Deductibles	\$750
Copayments	\$0
Coinsurance	\$2,400
What isn't covered	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$3,210</b>

### Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$750
■ <a href="#">Specialist</a> coinsurance	30%
■ Hospital (facility) <a href="#">coinsurance</a>	30%
■ Other <a href="#">coinsurance</a>	30%

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,600</b>
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#### In this example, Joe would pay:

Cost Sharing	
Deductibles	\$800
Copayments	\$0
Coinsurance	\$1,000
What isn't covered	
Limits or exclusions	\$20
<b>The total Joe would pay is</b>	<b>\$1,820</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$750
■ <a href="#">Specialist</a> coinsurance	30%
■ Hospital (facility) <a href="#">coinsurance</a>	30%
■ Other <a href="#">coinsurance</a>	30%

#### This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
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#### In this example, Mia would pay:

Cost Sharing	
Deductibles	\$800
Copayments	\$0
Coinsurance	\$600
What isn't covered	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1,400</b>

**Note:** The cost sharing amounts in the Coverage Examples are based on the CMS Cost Sharing Calculator (CECSC) [www.cms.gov/CCIIO/Resources/Forms-Reports-and-Other-Resources/index.html](http://www.cms.gov/CCIIO/Resources/Forms-Reports-and-Other-Resources/index.html) used to estimate out-of-pocket expenses. The coverage examples are estimated costs only, and may not accurately reflect actual costs. The actual care you receive will be different from these examples, and the cost of that care will also be different.